

P-3 Athletics

On Wednesday, 21 June 2017 we will be holding our Junior Sports Day. This day will run from 8.55am and conclude between 10.45am and 11.00am. Students will be involved in activities including running, jumping, throwing and ball games. Students will be participating in their classes and the aim of the day will be mass engagement in a fun and supportive environment. There will be a feel for competition however students will be encouraged to compete for enjoyment rather than for places.

As in previous years, we would like to remind parents that your child will still be involved in a competitive race at the Senior Sports Day on Tuesday 6 June. Prep aged students will be the first to race commencing at 9:00am and the Year 3 students should be done by 9.30am (ribbons will be given for these races).

High Jump and Ball Games

Over the last few years we have trialled a new format for our athletics day carnivals. These carnivals have proved to be a success with only slight improvements needing to be made to ensure we get through all events on the day.

We will be holding high jump and ball games events in lead up to the day.

The senior ball games event will be run Wednesday 31 May after second break. Parents are most welcome to attend to cheer on your children. High Jump will also run prior to the carnival. Students will have completed a trial process where the top three qualifiers from each age group and gender in each house from Years 4-6 will compete in the high jump final starting on Monday 29 May at first and second breaks.

Yeas 4-6 Athletics Carnival

On Tuesday 6 June 2017 our athletics carnival for the upper school will be held. This day incorporates a competitive race for all students (Prep through to Year 6) in the morning session.

Once again the day is scheduled to maximise participation and allow all students an opportunity to compete on the day. Following is a guide for starting times for events and breaks.

8:50am	Students assemble in house areas
8:55am	March past
9:00am	Sprint Races commence (Prep through to Year 6)
10.45am	<u>Lunch</u>
11.25am	Years 4-6 rotations commence
	9yrs 200m
	10yrs Long Jump
	11yrs Shot Put
	12 800m
11:55am	9yrs Shot Put
	10yrs 800m
	11yrs 200m
	12 Long Jump
12:25pm	9yrs Long Jump

	10yrs	Shot Put
	11yrs	800m
	12yrs	200m
12.55pm	<u>Afternoon Tea</u>	
1.30pm	9yrs	800m
	10yrs	200m
	11yrs	Long Jump
	12yrs	Shot Put
2.00pm	Relays	
2.30pm	Parents Tug-o-war	
2.45pm	Presentations	

This day doubles as a wonderful opportunity for inter-house competition and the development of team spirit, but also acts as a trial for district qualification. The events are competitive, and ultimately there will be winners and losers. This is a wonderful opportunity to learn about both humility and disappointment.

As always we would love to see lots of family support. It is likely parent helpers will be required raking long jump pits, safely returning shots and generally assisting school officials. Please listen for calls from Mrs Stewart on the day!

A coffee van will be in attendance at both carnivals in the morning.

I wish all students all the very best and look forward to a wonderful day of competition.

Mr Nolan