







Tuckshop Menu






Sandwiches/Toasties made on wholemeal bread,		
Cheese		\$2.50
Cheese & Tomato		\$3.00
Ham		\$3.00
Ham & Cheese		\$3.30
Ham, Cheese & Tomato		\$3.50
Egg & Lettuce		\$3.30
Cheese & Salad (tomato, cucumber & lettuce)		\$3.30
Ham & Salad (Dijon mustard, tomato, cucumber & lettuce)		\$3.50
Chicken & Salad (Mayonnaise, tomato, cucumber & lettuce)		\$3.50
Quesadilla wrap filled, folded and toasted,		
Cheese & Tomato		\$3.00
Cheese & Ham		\$3.30
Cheese, Ham & Tomato		\$3.50
Cheese, Chicken & Tomato		\$3.50
Sushi freshly made and gluten free		
Avocado		\$3.00
Chicken Teriyaki		\$3.00
Tuna Avocado		\$3.00
Tuna Mayonnaise		\$3.00
Salmon Avocado		\$3.25

Salad Boxes made fresh in the tuckshop to order,		
Seasonal Salad –		\$4.50
Pasta Salad – pasta, tomato, cucumber, capsicum & feta		
with a lemon, olive oil and herb dressing		\$4.50
Sausage rolls healthy school approved		\$2.50
Beef pie healthy school approved		\$3.00
BBQ or tomato sauce can be added for 20c		
Nachos toasted tortilla topped housemade beef bolognaise,		
mild taco sauce and cheese		\$4.50
Pasta Pots gf available extra \$1		
Cheese		\$3.00
Housemade Tomato sauce		\$3.50
Housemade Bolognaise		\$3.50
Scrolls housemade scrolls		
Cheese & Vegemite		\$2.50
Cheese & Ham		\$3.00
Pizza gf available extra \$1		
6 inch pizza base		
Cheese		\$3.00
Cheese & ham		\$3.50
Cheese, ham & pineapple		\$3.50
Vegetarian – cheese, capsicum, zucchini and tomato		\$3.50
Ham & pineapple (dairy free)		\$3.00

Drinks

Plain milk		\$1.50
Flavoured milk – chocolate or strawberry		\$2.00
Water		\$1.50
Apple/orange popper		\$1.50

Frozen

Frozen fresh fruit – pineapple rings or watermelon		\$0.50
Fruit tubes (Qulech)		\$0.80
Icy twists – lemonade		\$1.50
Smooze – mango or pineapple		\$1.50
Twisted Frozen yoghurt		\$2.50

Snacks

Fresh seasonal fruit		\$1.00
Boiled egg		\$1.00
Low fat Custard and fruit cup		\$1.00
Freshly made cookie,		\$1.00
GF freshly made cookie		\$1.20
Fruit muffin, made with fresh fruit, yoghurt and oats		\$1.50
Popcorn		\$1.50
Fresh fruit salad		\$2.50
Hummus, vegetable sticks and rice crackers		\$2.50