

TUCK SHOP MENU



BUILD YOUR OWN SANDWICH, WRAP OR TOASTIE

Choose your bread	\$2.00
Choose your main fillings	\$0.30 - \$1.00
Choose salad fillings	\$0.10 - \$0.30

Gluten Free breads available \$1 extra



SUSHI

Sushi Roll



1 Roll of your choice : Chicken Teriyaki, Avocado/Mayo, Tuna Mayo, Egg Salad, Tuna & Avocado	\$2.80
Salmon Avocado	\$3.05

VIETNAMESE ROLLS

1 Roll of your choice: Chicken, Beef & Duck or Salad	\$2.80
Pork Dim Sim	\$2.50
	\$3.00

SALAD BOX

Ceaser Salad	\$4.00
Chicken Ceaser Salad	\$4.50
Nibbler's Salad	\$4.00
Potato & Egg Salad	\$4.00



SNACKS

Cookies	\$1.50
Muffins	\$1.50
Mainland Cheese & Crackers	\$2.00
Boiled Egg	\$1.00



DRINKS

Apple/Orange Popper	\$1.20
Chocolate/Strawberry Milk	\$1.80
Plain full cream Milk	\$1.20
Krazy Lemon	\$1.80
LOL Rasp Mineral Water	\$1.80
LOL Trop Mineral Water	\$1.80
Blackcurrent Glee	\$1.80
Still Mineral Water	\$1.00
Milo Milk Warm	\$1.00

HOT FOOD

Hot Dog	\$2.50
Chicken Nuggets	\$3.00
Nachos w. Bolognaise	\$3.50
Beef Pie	\$3.00
Sausage Roll	\$2.50
Pasta Bolognaise	\$3.50



PIZZAS

Cheese	\$3.00
Cheese & Ham, Salami, Ham & Pineapple, Vege	\$3.50
Gluten Free	add \$1



ICE BLOCKS

Lemonade Twist	\$1.00
Paddlepop	\$1.20
Smooze	\$1.00
Fruit Stick	\$0.50



CHIPS

Red Rock Deli : Sea Salt,	
Honey Soy	\$1.00
Vege Chips	\$1.00



FRUIT

Orange, Apple, Banana	\$1.00
Fresh Fruit Salad	\$2.50



For a more detailed menu please visit www.flexischools.com.au