



Tuckshop Menu Term 2 2017

Sandwiches/Toasties made on wholemeal bread,

Cheese	\$2.50
Cheese & Tomato	\$3.00
Ham	\$3.00
Ham & Cheese	\$3.30
Ham, Cheese & Tomato	\$3.50
Egg & Lettuce	\$3.30
Cheese & Salad (tomato, cucumber & lettuce)	\$3.30
Ham & Salad (Dijon mustard, tomato, cucumber & lettuce)	\$3.50
Chicken & Salad (Mayonnaise, tomato, cucumber & lettuce)	\$3.50

Quesadilla wholemeal wrap filled, folded and toasted,

Cheese & Tomato	\$3.00
Cheese & Ham	\$3.30
Cheese, Ham & Tomato	\$3.50
Cheese, Chicken & Tomato	\$3.50

Sushi freshly made and gluten free

Avocado	\$3.00
Chicken Teriyaki	\$3.00
Tuna Avocado	\$3.00
Tuna Mayonnaise	\$3.00
Salmon Avocado	\$3.25

Salad Boxes made fresh in the tuckshop to order,

Autumn Salad – chickpeas, onion, chilli, tomato & feta,
with a lemon, olive oil and herb dressing \$4.50

Pasta Salad – pasta, tomato, cucumber, capsicum & feta
with a lemon, olive oil and herb dressing \$4.50

Sausage rolls healthy school approved \$2.50

Beef pie healthy school approved \$3.00

BBQ or tomato sauce can be added for 20c

Pizza gf available extra \$1

Cheese \$3.00

Cheese & ham \$3.50

Cheese, ham & pineapple \$3.50

Cheese & salami \$3.50

Vegetarian – cheese, capsicum, zucchini and tomato \$3.50

Ham & pineapple (dairy free) \$3.00

Snacks

Fresh seasonal fruit \$1.00

Fresh fruit salad \$2.50

Boiled egg \$1.00

Hummus, vegetable sticks and rice crackers \$2.50

Fruit muffin, made with fresh fruit, yoghurt and oats \$1.50

Freshly made cookie, gf available \$1.20

Friday Special

Nachos corn chips topped homemade beef bolognese,

mild taco sauce and cheese	\$4.50
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Drinks

Plain milk	\$1.50
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Flavoured milk – chocolate or strawberry	\$2.00
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Water	\$1.50
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Apple/orange popper *	\$1.50
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Krazy Lemonade	\$2.00
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*while stocks last this will be replaced by Nudie juice

Frozen

Frozen fresh fruit – pineapple rings or watermelon	\$0.50
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Fruit tubes	\$0.80
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Icy twists – lemonade	\$1.50
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Smooze – mango or pineapple	\$1.50
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